



**MOHE FAKATAFA  
LOLOTONGA KEI-I-MANAVA  
HO'O PĒPEÉ**

**MEI HE UIKE 28 HO'O FEITAMA**

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‘Oku tala ‘e he fakatotoló ka ke mohe fakatafa mei he uike 28 ho‘o feitamá ‘e tokoni ia ke si‘isi‘i ange ai ha hoko ha mate-i-manava ‘a ho‘o pēpeé. ‘Oku nau fakafuofua ‘e holo hifo ‘aki ha vaheua (½) ke hoko ha mate-i-manava ‘i hono fakafehoanaki mo e mohe fo‘ohaké.

### **Ko e hā kau ka mohe fakatafa ai?**

‘I ho‘o mohe fo‘ohake lolotonga e māhina ‘e tolu kimu‘a pea ke fā‘elé (mei he uike 28) ‘oku ta‘omia ai e ngaahi kālava lalahi ho sinó ‘o si‘isi‘i ai ‘a e tafe ‘a e toto ki manavá pea mo e ‘ea ‘okisena (oxygen) ki ho‘o pēpeé.

### **Ko fē ‘i hoku tafa‘aki hemá mo e mata‘ú ‘e sai ange keu fakatafa ki ai?**

‘Oku fakatou sai pe ke ke mohe‘aki ho tafa‘aki hemá pe mata‘ú - ko fē pe ha tafa‘aki - ‘oku sai pē ia mei he uike 28 ‘o a‘u ki ho‘o fā‘ele.

### **Fēfē kapau te u ongo‘i nonga mo fiemālie ange au he ‘eku mohe fo‘ohaké?**

‘E ‘ikai ke sai ki ho‘o pēpeé ha‘o mohe fo‘ohake mei he uike 28 ‘o a‘u ki ho‘o fā‘ele. Ko e tokolahi e kakai fefiné ‘oku nau fiemālie ange ‘i he ‘enau mohe fakatafá lolotonga ‘enau feitamá, tautautefito ki he toe ha māhina ‘e 3 pea nau fā‘ele.

### **Fēfē leva ka u ka ofo hake au ‘oku ou fo‘ohake?**

‘Oku mahino pē ‘a e toutou mafuli lolotonga ho‘o mohé pea ‘oku tokolahi ‘a e kau feitama ‘oku nau ofo fo‘ohake. Ko e me‘a mahu‘ingá ke kamata‘i **‘a ho‘o mohe kotoa pe** ‘aki ha‘o fakatafa (mohe ‘aho pe mohe po‘uli) ‘o mohe ai pea ke foki pe ‘o mohe fakatafa ‘i ha‘o ofo hake ‘oku ke fo‘ohake.

### **Ko e hā hono lahi ‘o e hoko ‘a e mate-i-manava kapau te u mohe fo‘ohake?**

‘Oku fakafuofua ki he ki‘i pēpeé ‘e 1 mei he toko 500 kotoa pē ‘e mate-i-manava ‘i he māhina ‘e tolu kimu‘a pea fā‘ele. Neongo ia, ‘oku ‘osi fakapapau‘i mei he fakatotoló ‘e si‘isi‘i ange ‘aki ha vaheua (½) ke hoko ha mate-i-manava kapau ‘e mohe fakatafa ‘a e fefine feitamá.

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**Ki ha toe fakaikiiki kātaki ‘o fetu‘utaki ki ho‘o mā‘uli, neesi pe toketaá.**

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